

Bootcamp Shuffle

RJD

$\text{♩} = 113$

Intro

F# B F# E F#



A-

Chorus

F# B F# E F#



no - ther day_ a - no - ther boot - camp shu - ffile a - no - ther night of sore and ach - ing mus - cles

9 F# B F# E F# E F#



If the fif - ty bur - pees were - n't e - nough she made us all do push - ups 'til our arms fell off

Verse

14 G#m F# E F#



Tues - day takes us to the mon - key bars I have to lift my own weight, I think I'm gon - na barf

18 G#m F# E F#



Wednes - day the fo cus is all car - di - o_ I try to keep up, but I'm just too damn slow

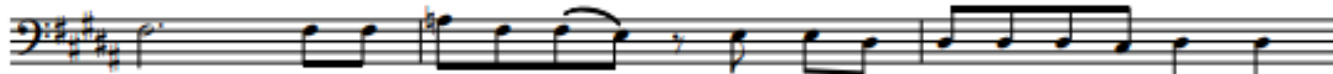
22 G#m F# E F#



Thurs - day's tab - a - ta is the tor - ture of choice I can't catch my breath, so no dis sen - ting voice

Bridge 1

27 F# G#m



Yeah, will it e - ver end! 'Cause we've got spi - der - men and high knees,

30 B C# Eb



leg lifts and bur - pees. Moun - tain climb - ers, ar - my crawls, side planks and_ kett - le balls

33 G#m B C#



Wheel - bar - rows, ben - ch dips, Sprint hills, the T. R. X. Thank God Mon - day we

